

# November 2022 OPPORTUNITY CENTRE

		Tuesday 1		Wednesday 2		Thursday 3		Friday 4	
TIME		Planning	Planning	Planning	Planning	Planning	Planning	Planning	Planning
9:00-9:30		Morning music and drinks		Food Safety		Walk to the Library		Kitchen Safety (fridge)	
9:30-10:00		Morning Baking		Kitchen Safety				Internet Safety	Fire Safety
10:00-10:30		Handwashing Workshop		Handwashing Workshop		Handwashing Workshop		Handwashing Workshop	
10:30-11:00		Lunch & Social Grace		Lunch Program \$5		Lunch & Social Grace		Lunch & Social Grace	
11:00-11:30		SO Bowling		OPC TLC OPC TLC		Art Gallery Visit		Bowling \$4	
11:30-12:00		Drop In							
12:00-1:00		Let's Explore: Dia de Muertos		Pie making w/ Chenyl \$3		Kahoots		Weekend Safety and Social	Policy & Procedure
1:00-1:30		OPC TLC		OPC TLC		Winter Safety		Tea afternoon	
1:30-2:00		OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC
2:00-2:30		Evening Movie						Board Game Night \$2	
2:30-3:00									
3:00-3:30									
3:30-4:00									
4:00-4:30									
4:30-5:00									
6:00-9:00									

	New rec room
	Back rec
	Kitchen /
	Outdoors/

TIME	Monday 7		Tuesday 8		Wednesday 9		Thursday 10		Friday 11	
9:30-10:00	Planning	Planning	Planning	Planning	Planning	Planning	Planning	Planning	CLOSED FOR REMEMBRANCE DAY	
10:00-10:30	Yoga with Angie		Baking Morning		Food Safety		Money Smarts			
10:30-11:00	Baking Morning		Fall Walk		Let's Explore: Remembrance Day		Safety Smart			
11:00-11:30	Handwashing Workshop		Handwashing Workshop		Handwashing Workshop		Handwashing Workshop			
11:30-12:00	Lunch & Social Grace		Lunch & Social Grace		Lunch Program \$5		Lunch & Social Grace			
1:00-1:30	Drama Club	Planning	50 Bowling		OPC TLC		Art afternoon with Jake			
1:30-2:00			Drop In		Horse Force					
2:00-2:30	Planning	Let's talk about it								
2:30-3:00										
3:00-3:30	Bingo with Bernie		Crafts with Eileen \$2							
3:30-4:00		Dog Training								
4:00-4:30	Afternoon Tea		Karaoke				Fancy Coffee afternoon \$4			
4:30-5:00	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC		
6:00-8:00			Evening Swimming				Friendship Group			

TIME	Monday 14		Tuesday 15		Wednesday 16		Thursday 17		Friday 18	
9:00-9:30	Planning	Planning	Planning	Planning	Planning	Planning	Planning	Planning	Planning	Planning
9:30-10:00	Zumba	Shopping Smart	Walk to Bean's & Barley		Food Safety		Pancake Brunch \$4		Meditation with Katherine	
10:00-10:30										
10:30-11:00	Music and Drinks	Baking	Xmas Baking \$2		Kitchen Safety				Bake Sale	
11:00-11:30										
11:30-12:00	Handwashing Workshop		Handwashing Workshop		Handwashing Workshop		Handwashing Workshop		Handwashing Workshop	
12:00-1:00	Lunch & Social Grace		Lunch & Social Grace		Lunch Program \$5		Lunch & Social Grace		Lunch & Social Grace	
1:00-1:30	Planning	Drama Club	SO Bowling		OPC TLC		Thirsty Thursday- Mocktail Social \$4		Bingo Bonanza	
1:30-2:00	Yoga with Yvonne \$5		Drop In						Literacy with Michele	Planning
2:00-2:30		Right's and Responsibility			Horse Force					
2:30-3:00	Planning							Rock & Roll Dance Party		
3:00-3:30	Bingo with Bernie		Committee Meeting						Arts & Crafts Afternoon \$2	
3:30-4:00		Road Safety	Let's Explore: Anti Bullying Week							
4:00-4:30	Afternoon Tea									
4:30-5:00	OPC TLC	OPC TLC	Taco Tuesday \$4		OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC
5:00-8:00			4:00 - 7:00 pm						Christmas Tree Light Up	

TIME	Monday 21		Tuesday 22		Wednesday 23		Thursday 24		Friday 25	
TIME										
9:00-9:30	Planning	Planning	Planning	Planning	Planning	Planning	Planning	Planning	Planning	Planning
9:30-10:00	Yoga with Angie		Morning music and drinks		Move Your Body		Zumba	Money Smarts	Kitchen Safety	Weekend Safety and
10:00-10:30									Fridge clean out	
10:30-11:00	Baking Morning	Shopping Smart	Xmas Baking \$2	Planning	Kitchen Safety		Safety Smart	Planning	Spiritual Hour with James	
11:00-11:30										
11:30-12:00	Handwashing Workshop		Handwashing Workshop		Handwashing Workshop		Handwashing Workshop		Handwashing Workshop	
12:00-1:00	Lunch & Social Grace		Lunch & Social Grace		Lunch Program \$5		Lunch & Social Grace		Lunch & Social Grace	
1:00-1:30	Drama Club	Planning	50 Bowling		OPC TLC	OPC TLC	Movie Afternoon \$2		Bowling \$4	
1:30-2:00			Drop In		Horse Force					
2:00-2:30	Planning	Let's talk about it								
2:30-3:00										
3:00-3:30	Bingo with Bernie	Road safety	Val's old time shows				Policy & Procedure	Cribbage Afternoon	Drop In	
3:30-4:00										
4:00-4:30	Afternoon Tea-Trivia Edition									
4:30-5:00	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC
6:00-8:00							Friendship Group		Pajama Pizza Movie Night	

TIME	Monday 28		Tuesday 29		Wednesday 30	
9:00-9:30	Planning	Planning	Planning	Planning	Planning	Planning
9:30-10:00	Snow Shoeing		Morning music and drinks		Yoga	
10:00-10:30						
10:30-11:00	Baking Morning	Shopping Smart	Xmas Baking \$2	Planning	Kitchen Safety	
11:00-11:30						
11:30-12:00	Handwashing Workshop		Handwashing Workshop		Handwashing Workshop	
12:00-1:00	Lunch & Social Grace		Lunch & Social Grace		Lunch Program \$5	
1:00-1:30	Drama Club	Planning	SO Bowling		OPC TLC	OPC TLC
1:30-2:00			Drop In			
2:00-2:30	Planning	Let's talk about it				
2:30-3:00						
3:00-3:30	Bingo with Bernie				Pie making w/ Chenyl \$3	
3:30-4:00		Road safety	Cos play w/ albert			
4:00-4:30	Afternoon Tea- Trivia Edition					
4:30-5:00	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC
5:00-8:00			Family Night \$3			