

# June 2022 OPPORTUNITY CENTRE

	Monday		Tuesday		Wednesday 1		Thursday 2		Friday 3	
TIME										
9:00-9:30					Planning	Planning	Planning	Planning	Planning	Planning
9:30-10:00					Move Your Body	Food Safety	Yoga	Money Smarts		
10:00-10:30									GRAND OPENING	
10:30-11:00		New rec room			Kitchen Safety		Safety Smart	Planning		
11:00-11:30		Back rec room								
11:30-12:00		Kitchen/ dinning area			Handwashing Workshop		Handwashing Workshop			
12:00-1:00		Outdoors/ community			Lunch Program \$5		Picnic in the Park - BYOP			
1:00-1:30					OPC TLC		Walk in the Par	Game Afternoon		
1:30-2:00					Movie Afternoon \$2	Hygiene Smarts				
2:00-2:30							Baking Afternoon \$2	Two Truths and a lie		
2:30-3:00						Planning				
3:00-3:30								Garden Club		
3:30-4:00					Planning	Karaoke	Planning			
4:00-4:30										
4:30-5:00					OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC
5:00 - 8:00									Dance	

TIME	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
9:00-9:30	Planning	Planning	Planning	Planning	Planning
9:30-10:00	Yoga	Shopping Smart	Baking Morning \$2	Move Your Body	Food Safety
10:00-10:30				Move Your Body	Money Smarts
10:30-11:00	Basketball	Bocce Ball	Meditation Morning	Access Awareness BBQ Set-Up	Safety Smart
11:00-11:30				Planning	Book Club
11:30-12:00	Handwashing Workshop	Handwashing Workshop	Access Awareness BBQ	Handwashing Workshop	
12:00-1:00	Lunch & Social Grace	Lunch & Social Grace		Lunch & Social Grace	Lunch & Social Grace
1:00-1:30	Drama Club	Road Safety	Planning	Pouce Coupe Museum \$2	Planning
1:30-2:00				Indoor Soccer	Planning
2:00-2:30	Planning	Kahoots	Rights & Responsibilities		Baking Afternoon \$2
2:30-3:00					Val's old time shows
3:00-3:30	Bingo with Bernie		Crafts w/ Eileen		
3:30-4:00		Planning	Planning	Planning	Karaoke
4:00-4:30	Tea Evening				
4:30-5:00	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC
5:00-8:00			Peer Meeting		

TIME	Monday 13		Tuesday 14		Wednesday 15		Thursday 16		Friday 17	
TIME	Planning	Planning	Planning	Planning	Planning	Planning	Planning	Planning	Planning	Planning
9:30-10:00	Yoga	Shopping Smart	Baking Morning \$2		Move Your Body	Food Safety	Morning Walk		Yoga	Shopping Smart
10:00-10:30							Force Horse Camp \$7			
10:30-11:00	Music and Drinks	Bocce Ball			Kitchen Safety				Morning Music and Drinks	Move Your Body
11:00-11:30										
11:30-12:00	Handwashing Workshop		Handwashing Workshop		Handwashing Workshop				Handwashing Workshop	
12:00-1:00	Lunch & Social Grace		Lunch & Social Grace		Lunch Program \$5		Hot Dog Lunch		Lunch & Social Grace	
1:00-1:30	Drama Club	Road Safety	Planning	Basket Ball	OPC TLC				First Aid W/ Mel \$5	
1:30-2:00										
2:00-2:30	Planning	Kahoots	Open Art Afternoon \$4		Outdoor Soccer				Bocce Ball	Planning
2:30-3:00										
3:00-3:30	Bingo with Bernie									Kahoots
3:30-4:00		Planning	Garden Club	Planning	Planning	Karaoke	Planning	Karaoke	Planning	
4:00-4:30	Evening Tea									
4:30-5:00	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC
5:00-8:00			Taco Tuesday \$5							

TIME	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24					
9:00-9:30	Planning	Planning	Planning	Planning	Planning					
9:30-10:00	Yoga	Shopping Smart	Walk to outdoor gym	Baking Morning \$2	Move Your Body	Food Safety	Hygiene Smarts	Money Smarts	Yoga	
10:00-10:30										
10:30-11:00	Music and Drinks	Bocce Ball			Kitchen Safety		Safety Smart	Planning	Morning Music and Drinks	
11:00-11:30										
11:30-12:00	Handwashing Workshop		Handwashing Workshop	Handwashing Workshop	Handwashing Workshop	Handwashing Workshop	Handwashing Workshop	Handwashing Workshop	Handwashing Workshop	
12:00-1:00	Lunch & Social Grace		Lunch & Social Grace	Lunch Program \$5	Lunch & Social Grace	Lunch & Social Grace	Lunch & Social Grace	Lunch & Social Grace	Lunch & Social Grace	
1:00-1:30	Drama Club	Road Safety	Metis Society		OPC TLC		Walk in the Park		Art Afternoon \$4	
1:30-2:00										
2:00-2:30	Planning	Leoppy Park Walk			Let's Explore: Greenland	Planning	Baking Afternoon \$2	Two Truths and a lie	Bocce Ball	Planning
2:30-3:00			Planning							
3:00-3:30	Bingo with Bernie					Fire Smart		Ring Toss		Kahoots
3:30-4:00		Planning	Garden Club	Planning	Planning	Karaoke	Planning		Planning	
4:00-4:30	Evening Tea									
4:30-5:00	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC
5:00-8:00										Dance \$5

TIME	Monday 27		Tuesday 28		Wednesday 29		Thursday 30	
9:00-9:30	Planning	Planning	Planning	Planning	Planning	Planning	Planning	Planning
9:30-10:00	Yoga	Shopping Smart	Ring Toss	Baking Morning	Move Your Body	Food Safety	Zumba	Money Smarts
10:00-10:30								
10:30-11:00	Music and Drinks	Bocce Ball	Meditation Morning		Kitchen Safety		Safety Smart	Planning
11:00-11:30								
11:30-12:00	Handwashing Workshop		Handwashing Workshop		Handwashing Workshop		Handwashing Workshop	
12:00-1:00	Lunch & Social Grace		Lunch & Social Grace		Lunch Program \$5		Lunch & Social Grace	
1:00-1:30	Drama Club	Road Safety	Planning	Basket Ball	OPC TLC	OPC TLC	Walk in the Park	
1:30-2:00				Movie Afternoon \$2				
2:00-2:30	Planning	Kahoots	Hygiene Smarts	Terence's Gold Panning		Planning	Baking Sale	Two Truths and a lie
2:30-3:00							Basketball	Fire and Smokies \$5
3:00-3:30	Bingo with Bernie		Gardening Afternoon					
3:30-4:00		Planning		Planning	Planning		Planning	
4:00-4:30	Evening Tea							
4:30-5:00	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC	OPC TLC