

May 2021



THE SCOOP



Opportunity Centre

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Inspiration Award

Megan Boyer, has been nominated for the Inspirational Person of the Month Award, for always having a smile on!

Megan will receive 10 OpC dollars!!

Way to go !

Quotes of Life:

No MATTER how long the winter, SPRING is sure to FOLLOW.

“
In order to write about life first you must live it.
ERNEST HEMINGWAY
RD.COM/QUOTES



There will be no Zoom activity's Monday May 24th.

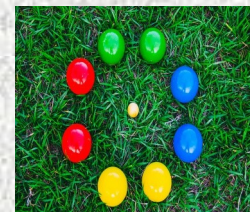
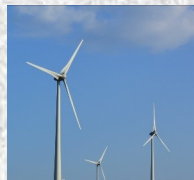
Coronavirus (COVID-19)

The Provincial Health Officer announced that outdoor gatherings up to 10 are now allowed!!!

We plan to take full advantage of this! Groups will be set up like the smaller ‘pods’, but will be bigger and better! The smaller, indoor pods’ of 3 will also continue, so no fear for those that don’t want to be outdoors.

We will continue to maintain social distancing, and masks will need to be worn during all ‘pod’ activities.

Outdoor ‘pods’ will happen, weather permitting.



Please contact the Centre if you are wanting to join Zoom, but don’t have the means to attend and we can help you out!

Reminder that if you are showing any sign of sickness you will be expected to remain at home. Call the 8-1-1 Health Line, if you are having symptoms.

Activity Information

Open Mic

Anything goes...do you have a story, poem, song or something else that you'd like to share with your friends? If so, be sure to come check out Open Mic!!



Kahoot's

Like trivia? Well Kahoot's is loaded with a variety of quizzes.

Play on your own or join a team!

Join us in April to see what we have planned for you.

See you there!



Let's Explore: ???



We are going to spin the Globe and see where our finger lands and that's where we will be exploring!

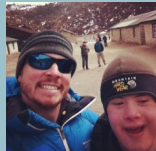
Maybe we will land on Paris or Japan Or Ice land.

So sign up, and jump on Zoom to join us! Wednesday April 7th @ 12:00 pm to 2:00 pm.

See you then!



Recognition Hour



This month we will recognize

Eli Reimer

Let us inspire you with his story and how he at the age 15 made it to Mount Everest base camp to raise awareness about disabilities.

Join us Friday May 14th @ 1:00 pm

See you on the screen!

Sunflower Wreath

Mother day is right around the corner!

Join us on Zoom

Friday May 7th @ 1:00 pm.

Cost is \$5

Pick up packages on Friday May 7th.

See you on the Screen!



Activity Information Continued

ALICE IN WONDERLAND

Escape from Wonderland virtual escape room!

Join us Friday April 16th @ 1:00 pm.

See you on the screen!



Jump into Spring!!!



Spring Clean Up

This year we will be tidying the OpC yard and block, and around our own properties.

We ask you get out and do your yard! Let's leave our neighborhoods looking beautiful and don't forget to take pictures...I want to see all the great work you have done!

Can't wait to see the finished products!



Baking

Bunny Bait!



Shake, Shake ... Shake it up!

If you enjoy sweet and salty

Flavors, then this is the "baking" activity for you! Cost is \$2

Thursday April 1st @ 10:30 am.

Pick up package will be available upon sign up!

Two Truths and a Lie

(Easter Edition)

- 1. 76% of people eat the ear on the chocolate bunny first, 5% go for the feet, and 4% go for the tail.**
- 2. The White house tradition of the Easter Egg Roll, started back in 1805 with President William Henry Harrison.**
- 3. The Easter bunny legend started in Germany.**

See you there!



The Corona Convicts

Do you feel like busting out... breaking free?? Well so do we!!



For the month of April, we will continue to help you out!

Join us each day on Zoom, to see if your lucky 'pod of convicts' is selected.

If so, you and your 'pod' will get to come to the OpC the next day and participate in a health and wellness activity that has been specially selected just for you!

A free meal and stimulating conversation will be provided!

Jump on Zoom to see if you have been selected!

Coming Soon!!! Outdoor Gatherings!!!

April Menu

April 7th

Lunch: Enchilada's

Dessert: Churros

April 14th

Lunch: Ginger Beef w/ Rice

Dessert: Lemon Tarts

April 21st

Lunch: Perogies and Sausage Cassarole

Dessert: Monster Cookies

April 28th

Lunch: BBQ Burgers & Salad

Dessert: Ice Cream Sandwiches

Thank you to everyone that helps make the lunch program a success!



Cinco De Mayo Day

Wednesday May 5th



We have Zoom activities planned
through out the day!

Starting with Lunch program!

Then moving on to Exploring Mexico!

Then to top it all off a Drive Thru Margarita Madness! (non-alcoholic)

Sign up, hop on Zoom and let's learn all about this
day that is celebrated.



Sun Catcher Craft

Spring is finally here, so let's get
crafty! Who doesn't want to catch as
much sun as they can?!

Hosting via Zoom on Thursday April
15th @ 1:00 pm.

Cost is \$2

See you on the screen!

